

Respect the rights, dignity and worth of every individual athlete as a human being

- Treat everyone equally regardless of sex, disability, ethnic origin or religion
- Respect the talent, developmental stage and goals of each athlete in order to help each athlete to reach their full potential

Maintain high standards of integrity

- Operate within the rules of your sport and in the spirit of fair play, while encouraging your athletes to do the same
- Advocate for a sporting environment free of dugs and performance enhancing substances within the guidelines of the New Zealand Sports Drug Agency and the World Anti Doping Code.
- Do not disclose any confidential information relating to athletes without their written prior consent

Be a positive role model for your sport and athletes and act in a way that projects a positive image for coaching

- All athletes are deserving of equal attention and opportunities
- Ensure the athletes time spent with you is a positive experience
- Be fair, considerate and honest with the athletes
- Encourage and promote a healthy lifestyle – refrain from smoking and drinking alcohol around athletes

Professional Responsibilities

- Display high standards in your language, manner, punctuality, preparation and presentation
- Display control, courtesy, respect, honesty, dignity and professionalism to all involved within the sphere of sport- this includes opponents, coaches, officials, administrators, the media, parents and spectators
- Encourage your athletes to demonstrate the same qualities
- Be professional and accept responsibility for your actions
- You should not only refrain from initiating a sexual relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis for your refusal.
- Accurately represent personal coaching qualifications, experience, competence and affiliations
- Refrain from criticism of other coaches and athletes.

Make a commitment to providing a quality service to your athletes

- Seek continual improvement through ongoing coach education, and other personal and professional development opportunities
- Provide athletes with planned and structured training programmes appropriate to their needs and goals
- Seek assistance from professionals when additional expertise is required
- Maintain appropriate records

Provide a safe training environment for training and competition

- Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe
- Ensure equipment and facilities meet safety standards
- Ensure, equipment, rules, training, and the environment are appropriate for their age, physical and emotional maturity, experience and the ability of athletes
- Show concern and caution to sick and injured athletes
- Allow further participation in training and competition only when appropriate
- Encourage athletes to seek medical advice when required
- Provide a modified training programme where appropriate
- Maintain the same interest and support towards sick and injured athletes as you would towards healthy ones

Protect your athletes from any form of personal abuse

- Refrain from any verbal, physical or emotional abuse towards your athletes
- Refrain from any form of sexual or racial harassment, whether verbal or physical
- Do not harass, abuse or discriminate against athletes on the basis of their sex, marital status, sexual orientation, religious, or ethical beliefs, race, colour, ethnic origins, employment status, disability or distinguishing characteristics.
- Any physical contact with athletes should be appropriate to the situation and necessary for the athletes skill development
- Be alert to any forms of abuse directed towards athletes from other sources while in your care.

Coaches should:

- > Be treated with **respect** and **openness**
- > Have access to **self-improvement** opportunities
- > Be **matched** with a level of coaching **appropriate to** their ability

Coaches Code of Ethics

Agreement Form

I, _____
(Full Name)

of _____
(Address)

Sport _____

Qualifications _____

I agree to the following terms

1. I agree to abide by the Coaches Code of Ethics above.
2. I acknowledge that the National Sports Organisation (NSO) training provider responsible for the qualification of coaches in the sport listed above may take disciplinary action against me if I breach the Code of Ethics. I understand that the NSO is required to implement a complaints procedure in accordance with the principals of natural justice in the event of an allegation against me.
3. I acknowledge that disciplinary action against me for a proven or established breach may include de registration of my qualification, depending on the seriousness of the breach.

Signature _____

If under 18, parent/guardian _____

Date _____